

macrotrends FW26/27 FORECAST CONSUMER SHIFTS

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THE STIMULATOR



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@annikakafcaloudis 13.png

MINDFUL HEDONISM PRESENTIFICIATION STRATEGIC OPTIMISM

PLEASURE-SEEKING

CONSUMER SHIFT

The Stimulator rebels against a world that feels numb, constrained and monotonous. Tired of flat and screen-based interactions, they crave

intensity, pleasure, and full-body engagement. Rejecting emotional suppression and societal conservatism, they strive for hedonism seeking out experiences that are deeply sensory and joy-filled. For the Stimulator, life is about feeling deeply and fully, using pleasure as a strategic form of empowerment. They break free from routine and desensitization through touch, play and spontanaeity, reclaiming the right to live in the present. Driven by pleasure-

driven self-love they cultivate joy and vibrancy, prioritizing the physical experiences over the

mind's constraints.



THE STIMULATOR CONSUMER SHIFT



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TRIGGER: **OVERWHELM & DYSREGULATION**



PHYSICALLY DESENSITIZED

POLITICALLY RESTRAINED

BRAIN ROT & BOREDOM





DRIVER: **UNLEASH JOY** AND PLAY



BODY EMPOWERMENT

HYPER-FLUIDITY

BEING IN THE PRESENT

CONSUMER SHIFTS

MACROTRENDS

SENSORIAL SELF-LOVE

THE STIMULATOR PROFILE



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MINDSET

Living by instinct and sensation, the Stimulator is drawn to physical and sensory intensity, prioritizing pleasure, intimacy, and an intense body-mind connection. This consumer engages in somatic experiences, movement, and indulgent self-care rituals that heighten awareness and joy. Embracing playful surrealism, they blur the boundaries between reality and fantasy, finding delight in the unexpected. With a carefree and confident approach, they practice mindful hedonism, celebrating sensuality and body consciousness as a form of expression and self-love. Rejecting disconnection and rigidity, they seek stimulation, excitement, and the beauty of being in the moment, reveling in a world where the senses are both heightened and reimagined.

PLAYFUL SURREALISM INSTINCT-DRIVEN NEW OPTIMISM SELF-INDULGENCE